

المُسَبَّعَاتُ الْعَشَرُ

Al-Musabba'at al-'Ashara

-The Ten Sevens-

From Shaikh 'Abd al-Qadir al-Jilani, ""Sufficient Provision for Seekers of the Path of Truth Volume 4 (al-Ghunya li Talibi)":

Abu Tjba Karaz ibn Wabra al-Harithi (may Allah bestow His mercy upon him) was one of the Abdāl [Spiritual Deputies]. He is reported as having said:

"I once received a visit from a spiritual brother of mine, an inhabitant of the region of Damascus, who presented me with a gift. 'O Karaz,' he said to me, 'accept from me this gift, for it is truly an excellent present!'

So I asked him: 'O my brother, and who gave you this gift?' To this he replied: 'It was given to me by Ibrahim at-Taimi (may Allah the Exalted bestow His mercy upon him),' so I said: 'Well, did you ask Ibrahim who gave this gift to him?' 'Yes, of course,' said he, then he told me the following story: ""I was sitting in the area in front of the Ka'ba [in Mecca], and I was engrossed in affirming the Uniqueness of Allah in proclaiming His Glory [tasbih], and in offering praise to Him [tahmid] Then a man came up to me, greeted me with the salutation of peace [sallama alayya] and seated himself to my right. Well, never in all my days had I seen anyone more handsome in facial features, more handsome in style of attire, more fragrantly perfumed, or with a fairer complexion. So, I said: 'O servant of Allah, who are you? Where do you come from, and what are you?' He replied: 'I am al-Khidr [The Green Man, it is usually believed that he is still alive in the flesh and still to be seen in sacred places, such as Mecca and Jerusalem.] I have come to say, "Peace be upon you," and because I have a feeling of love toward you, for the sake of Allah. I also come bearing a gift, which I intend to present to you.'

“Well then,’ said I, ‘please tell me about this gift of yours. What is it?’ To this al-Khidr (peace be upon him) replied: ‘You must recite the following, before the sun rises and spreads its light over the earth, and also before it sets:

In Wazaif Latifiya (composed by Hazrat Maulana Shah Abdul Latif Mirsarai Rahmatullah Alayhi-) it is mentioned “Moshabbaa’tul A’shara” (“Ten Seven”) – “It is beneficial and useful thing, do it as best you can. Reciting it after Fajr and Asr prayers ("Moshabbaa'tul A'shara" - "Ten Seven") - which is as follows:

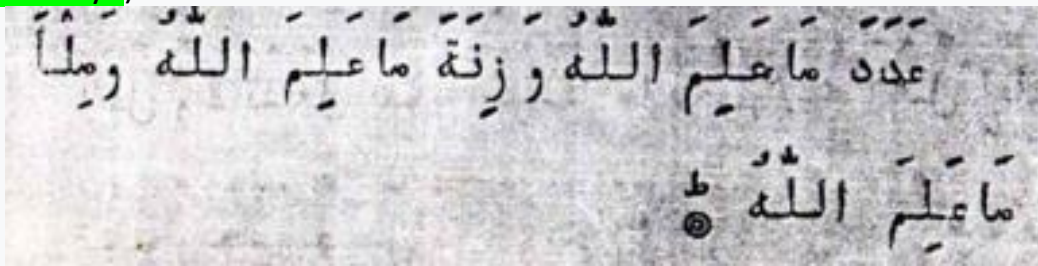
- (1) The Sura of Praise [Surat al-Hamd-Sura #1]—seven times with Bismillah.
- (2) The Sura Naas [Sura #114]— seven times with Bismillah
- (3) The Sura Falaq [Sura #113]— seven times with Bismillah
- (4) The Sura Al Ikhlāas [Sura #112]— seven times with Bismillah
- (5) The Sura Kafiroon [Sura #109]— seven times with Bismillah
- (6) The Ayat ul Kursi [Verse #2:255]— seven times with Bismillah
- (7) Then kalima tamjeed seven times with Bismillah

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Translation:

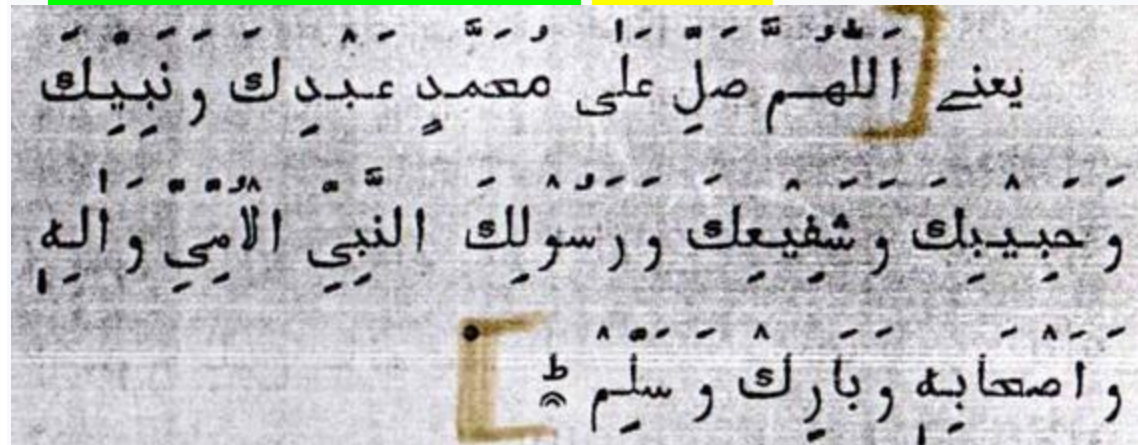
Glorified is Allah, all praise is due to Allah, there is none worthy of worship but Allah, and Allah is the Greatest. There is no power or ability except Allah Almighty and Great.

Then After the Kalema Tamzeed, the Mashaikhs used to recite this Dua (Note: - Wazaif Latifiya):



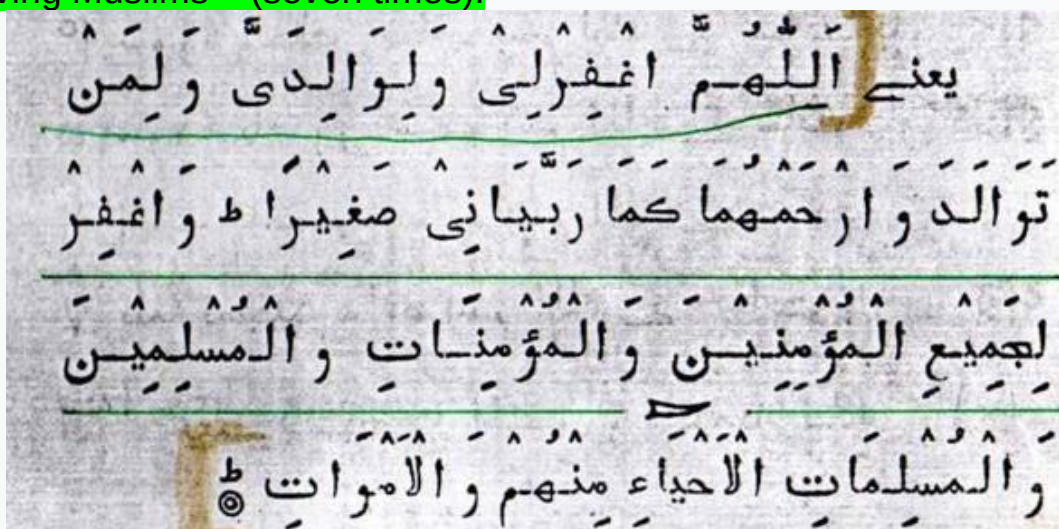
Pronunciation: A'dada ma alimallahu, wa zinata ma alimallahu, wa mil-a ma alimallahu”

8. Recite Darood Sharif with Bismillah seven times



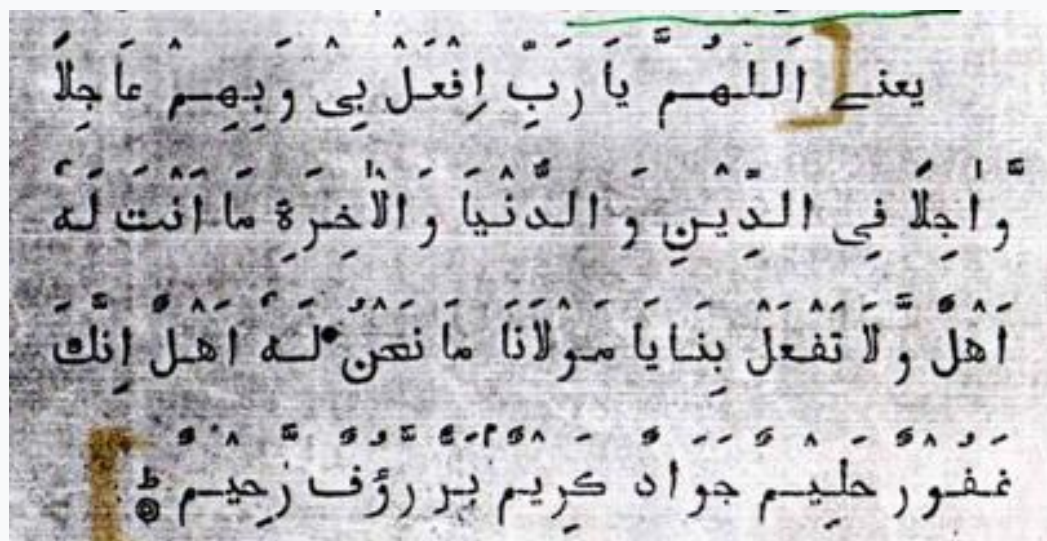
Pronunciation – “Allahumma Salle A’la Muhammadin Abdika, Wa Nabiyika, Wa Ha’Bibika, Wa Shafiyyka, Wa Rasulika, Nabeil Ummi-i, Wa Alihi, Wa As-Habihi, Wa Barik, Wa Sallem”

(9) Recite Dua with Bismillah seeking forgiveness for all living and dead believing Muslims – (seven times).



Pronunciation -Allahummaghfirli wale wali daiya, wale maan tawalada, war hamhuma kama rabbayini saghira, wagfirli jame-e'l mu'mina wal mu'minat, wal muslimina wal muslimat, al ah'yaye minhum wal am-wat - (seven times) .

(10) Recite this Dua with Bismillah humbly (very humbly) (seven times).



Pronunciation - Allahumma ya Rabbi if-al, bi wa bihim, a'jilan wa azelan fiddini wad-dunya wal akhira, ma anta lahu ahloon, wala taf-al binaya

mawlana ma nahnu lahu ahloona innaqa ghafurun halimun jawadun karimum barrur raufur rahim (7 times).

O Allāh, my Lord, do with us
and with them,
both in the short term
and in the long term,
in matters of religion,
this world and the hereafter,
that of which You are Capable.
Do not do with us, O our Master,
that of which we are capable!
You are Forgiving, Forbearing,
Generous, Noble, Kind,
Gentle, Compassionate

Allāhumma Rabbi 'f al bī
wa bi-him
'ājilan
wa ājilan
fi 'd-dīni
wa 'd-dunyā wa 'l-ākhirati
mā Anta la-hu Ahl:
wa lā taf' al bi-nā yā Mawlā-nā
mā nahnu la-hu ahl:
inna-ka Ghafūrun Halīmun
Jawādun Karīmun Barrun
Ra'ūfun Raḥīm.

“See to it that you carry out this practice without fail, both in the morning and in the evening, for he who gave it to me told me: “You must say it at least once in your lifetime.” When I said to him: ‘I would like you to tell me who gave you this gift,’ he said: ‘It was Muhammad (SAW-Allah bless him and give him peace) who gave it to me.’

From Shaikh 'Abd al-Qadir al-Jilani, ““Sufficient Provision for Seekers of the Path of Truth Volume 4 (al-Ghunya li Talibi)”:

*---The original “Moshabbaa’tul A’shara” (“Seven Ten”) ends here, but the Mashaikhs added more (Note: -Wazaef Latifiyah):

(1) يا جَبَّارُ – Ya Jabbaru (25 times)

The Compeller (A king who can do whatever He wants)

(2) تَوَفَّنِي مُسْلِمًا وَأَلْحِقْنِي بِالصَّالِحِينَ (six times)

(Verse 12:101)

Pronunciation- Tawaf-Fani Muslimaon Walhi'k-ni Bis Saleheen (6 times)

Translation - Make me die as a Muslim (upon Islam) and join me with the righteous.

(3) ۞ اللَّهُمَّ اهْدِنِي بِرَفْعَتِكَ يَا رَافِعُ ۞ ৬ বার

Pronunciation - Allahummah Dini Biraf-Atika Ya Rafiu ((six times).

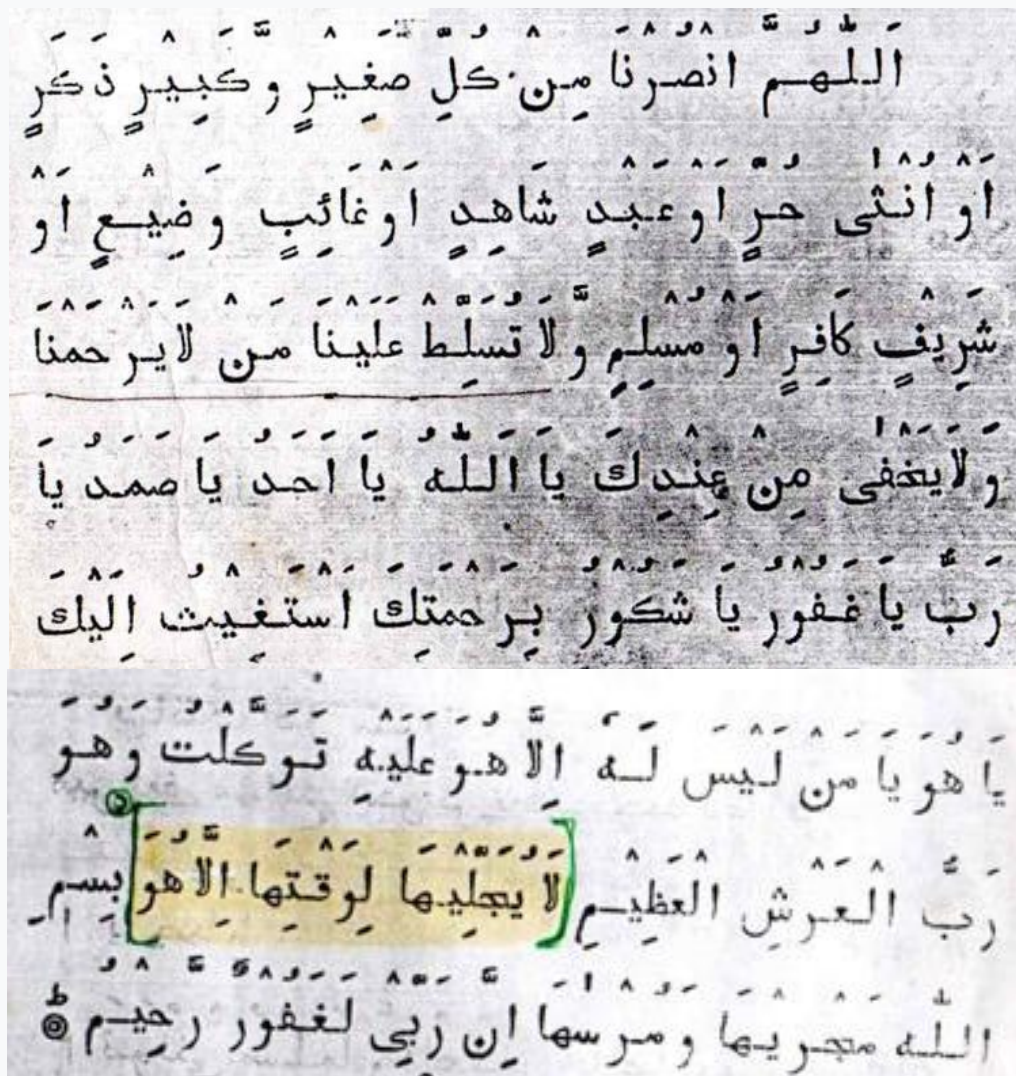
Translation - O Allah, guide me with Your Exaltedness, O Giver of Prosperity.

(4) ۞ اللَّهُمَّ احْنِنِي مَحَبَّالِكَ وَامْتِنِي مَحَبَّالِكَ
وَاجْشُرْنِي تَحْتَ أَقْدَامِ كِلَابِ أَحْبَابِكَ ۞ ৭ বার

Pronunciation - Allahumma Ah'ini Muhibban Laka Wa A-Mitni Muhibban Laka Wah' Shur-ni Tah'ta Aq'da-mi Kilabe Ah'babik (7 times).

Meaning - O Allah keep me alive with your love and let me die with your love
and gather me under the feet of the beloved of your love.

And the Mashaikhs recited this prayer:



Pronunciation -Allahumman surna min kulle saghirin wa kabirin, jakarin aw un-cha, hurreo aw abdin, shaheedin aw ghaybeen, wadi-in aw sharifin, kafirin aw muslimeen wa la tuchallet a'laina man la yaar ha'mana, wa la yakh' Fa min indika, Ya Allahu, Ya Ahadu, Ya Samadu, Ya Rabbu, Ya Ghafuru, Ya Shakuru, Be Rahmatika Astagichu Ilaika, Ya Hua Ya Man Laisha Lahu Illahu, A'Laihe Tawakkaltu Wa Hua Rabbul Arshil Azim , La-U Jalliha Li- Waq-teha illa hua, bismillah majreha wa mursaha inna rabbi la gafurur rahim.

Meaning - O Allah help us - every one of us, small, big, male or female, free or slave, present or absent, lowly or honorable, infidel or Muslim and do not impose on us anyone who does not show mercy to us and not afraid of you O Allah, O Forgiving, O Lord, O Forgiving, Ultimate Praiser (who rewards much for little), Beseeching (fervently supplicating) You with Your Mercy, Whom there is none other than, relying on You, Lord of the Great Throne. None but He can reveal that time (Qiyaamat), in the name of Allah its speed and status. Indeed, my Lord is Oft-Forgiving, Most Merciful.

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

"Our Lord, accept [this] from us. Indeed, You are the Hearing, the Knowing

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